



Self-Funding Medical Plans

Optimize your plan and eliminate wasted spending.

It is time to rethink your self-funded plan. The time has come to rely on The ABD Team.

Enabling Employers to Control Costs

Reducing healthcare spending and increased transparency are some of the primary reasons many employers decide to self-fund their medical plan. Once transitioned, is everything truly transparent? Maybe.

While self-funded plans are significantly more transparent than fully insured plans, there are often hidden fees. From administration to claims to stop loss premiums. Not only do these fees diminish the advantages of a self-funded plan, many companies, and brokers, do not even realize additional fees exist.

Leaning into one of our founding values, Forward-Looking, we actively embrace and intentionally seek change to inspire a better future for all. It has allowed us to push the market to develop self-funded plans that expose and eliminate those hidden fees by building accountability.

The ABD Team are experts in self-funding. Our proprietary, data-backed solutions deliver ultimate value through risk analysis, employee education and engagement, and accountability. In fact, **we save our customers an average of \$1,181 per employee per year**, before making any plan design changes.

We've Got You Covered

- Holistic solutions tailor-made for your organization
- Employee education
- Improved employee experience
- Identify new saving opportunities
- Transparent fees

ABD Solutions

ABD brings full-service brokerage capabilities to the industries we serve. ABD's proven, custom strategies fit your unique risk landscape and culture, taking care of the details so you can stay focused on building success.

[Get started today!](#)